

ELDER ABUSE in Bradford?



**Don't suffer in silence -
tell someone you trust!**

What is abuse?

Abuse is when someone hurts you or treats you badly. Nobody has the right to hurt you, but abuse can happen in different ways - see inside this leaflet for some examples.

Who could abuse?

Nobody has the right to abuse you. But sometimes they do. It might be those close to you, such as a family member, a friend, a carer or even a stranger.



Where can abuse happen?

Abuse can happen anywhere, in places where you should be safe: in your own home, in the street, in a residential or nursing home or in a hospital.



Who should I tell?

If you think someone is being abused or if someone is abusing you, tell someone you trust:



A family member



A friend



A carer or member of staff who supports you



A doctor or nurse



A care inspector
Care Quality Commission
03000 61 61 61



A social worker
Bradford Adult Services
01274 431704



A police officer
In an emergency call 999
Non-emergencies
0845 606 0606



Action on Elder Abuse
0808 808 8141

Abuse can happen in different ways - here are a few examples

PHYSICAL ABUSE

This is when someone physically hurts you by

- shaking you
- hitting you
- pinching you
- holding you down when you don't want them to



SEXUAL ABUSE

This is when someone does sexual things to you that you don't want or understand, by

- forcing you to have sex against your will
- touching you
- exposing themselves
- making sexual remarks



EMOTIONAL ABUSE

This is when someone says bad things to upset and hurt you, by

- humiliating you
- threatening you
- intimidating you
- showing you a lack of respect and dignity



FINANCIAL ABUSE

This is when someone takes your money or things without asking, by

- stealing from you
- cheating or pressuring you
- not letting you have a say in how your money or benefits are spent



NEGLECT

This is when someone says they are going to help you but they do not, by

- leaving you alone for a long time
- leaving you dirty, hungry and thirsty
- withholding your medicine



DISCRIMINATION

This is when someone says or does bad things to you because you are different from them, by

- treating you unfairly because of your race, religion, sexuality, age, gender, or disability



**Dont suffer in silence -
tell someone you trust!**

What happens next?

Adult Protection Procedures have been set up to protect and safeguard you against abuse. When you tell someone you trust, there are many people and services ready and able to help you:

- They will listen to you
- They will help you stay safe
- They will give you help and support

This leaflet is produced by the Bradford Safeguarding Adults Board.



SAFEGUARDING ADULTS BRADFORD

The Board is made up of all these different organisations, working together to protect people from abuse.



Alzheimer's Society



The wording in this publication can be made available in other formats such as large print from www.bradford.gov.uk/apunit